

AUTUMN TRAINING ROSTER 2024

SANDRINGHAM EAST PRIMARY SCHOOL (SEPS)

HOLLOWAY RD,
SANDRINGHAM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRAINER	Ben/Aras	Ben	Ryan	Jacob	Ryan
4.00pm - 4.40pm	U10G Power	U9B Blazers	U9B Ballers	U9B Brilliants	U10B Breakers
	U8G Starfish	U8B Kaos	U12B Bandits	U12G Lynx	U12B Blizzards
	U10G Baysiders	U10G Angels	U9B Strikers	U12G Pearl	U9B Burgers
4.40pm - 5.20pm	U14G Minions	U10B Beasts	U8B Smashers	U9B Titanium	U12G Hornets
	U10B Mavericks	U12G Coral	U12B Stars	U14G Sonics	
	U12B Redbacks	U10G Candy	U14B Navy	U8G Dolphins	
5.20pm - 6.00pm	U10B Proof	U12G Pocket Rockets	U10B Jasper	U14G Icicles	U16B Phantoms
	U10G Cheetahs	U12G Leopards	U14B Wolves	U12B Bulls	U12G Comets
		U8B Swish	U14B Tsunamis	U12B Dragons	
6.00pm - 6.40pm		Aras			
	U14G Cyclones	U14B Barracudas	U12B Rockets	U12G Aces	
	U14B Typhoons	U14B Volcanoes	U16B Fluro	U12B Geckos	
6.40pm - 7.20pm	U14B Raptors	U18G Licorice	U20G Vanilla	U14B Venus	
	U16B Tornadoes	U18B Falcons	U18B Lava	U14B Nets	
7.20pm - 8.00pm	U16B Lightning	U16B Blaze	U18B Red	SKILLS	
	U16B Satellites	U16B Platinum	U16B Asteroids	SESSION	
8.00pm - 8.40pm	U20B Tungsten	U20B Onyx	U18G Ignite	U20G Rockettes	
	U16B Jupiter	U20B Jade	U18B Bull Sharks	U20B Avengers	

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SANDRINGHAM SECONDARY COLLEGE (SSC)

LAWSON PDE &
BLUFF RD, HIGHTETT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRAINER	Liv	Zoe	Christina	Zoe	Liv
4.00pm - 4.40pm	U9B Eliminators	U10B Warriors	U12B All Stars	U12G Clippers	U12B Kings
	U14G High Tops	U9G Jellyfish	U12B Rangers	U12B Nerfs	U10G Cubs
4.40pm - 5.20pm	U8B Scorpions	U14B Cobalt	U12B Ninja	U12G Mercury	U10B Slammers
	U8B Boomers	U12G Cobras	U12G Lemurs	U14G Roos	
5.20pm - 6.00pm	U12B Suns	U14B Sharks	U12B Pistons	U14B Neon	
	U14B Taipans	U10B Gladiators	U10B Pros	U12G Aqua	
6.00pm - 6.40pm	Ben/Aras		Aras		
	U12B Tigers	U16G Scarlet	U16B Copper		
	U12B Nighthawks	U14B Avalanches		U14B Pluto	
6.40pm - 7.20pm	U14G Jaguar	U16G Orchid	U18G Pumas	U16B Saturn	
	U16B Storm	U16G Berry	U23G Lasso	U16G Opals	
7.20pm - 8.00pm	U16G Shooting Stars	U16B Kryptonite	U18B Wombats	U18G Lavender	
	U16B Silver	U16G Indigo	U18G Fuschia	U16B Electric	
8.00pm - 8.40pm	SKILLS	U18B Alloy			
	SESSION				